

THE WESTMINSTER STANDARDS

*Shorter*  
**CATECHISM**

VIDEO LECTURE SERIES

*by Rev. Jonathan Mattull*

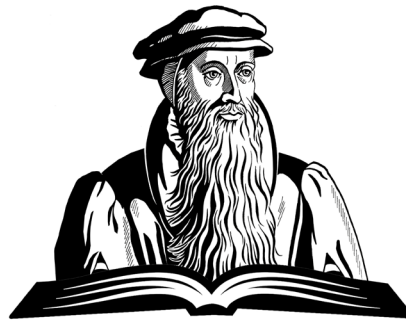
**Youth Study Guide**

for Lecture #51

**Means of Grace:**

**Receiving the Lord's Supper**

*Catechism Question 97*



**The John Knox Institute**  
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*Entrusting our Reformed Inheritance to the Church Worldwide*

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# *The Shorter CATECHISM*

## VIDEO LECTURE SERIES

*by Rev. Jonathan Mattull*

1. The Chief End of Man—*Question 1*
2. God's Word and Its Teaching—*Questions 2 & 3*
3. What God Is—*Question 4*
4. One Triune God—*Questions 5 & 6*
5. The Decrees of God—*Questions 7 & 8*
6. God's Work of Creation—*Question 9*
7. God's Creation of Man—*Question 10*
8. God's Works of Providence—*Question 11*
9. God's Special Providence Towards Man—*Question 12*
10. The Fall of Man—*Questions 13 & 15*
11. What Sin Is—*Question 14*
12. The Fall's Effect on All Mankind—*Questions 16 & 17*
13. The Sinfulness & Misery of Man's Fallen State—*Questions 18 & 19*
14. The Covenant of Grace—*Question 20*
15. Jesus Christ, the Redeemer of God's Elect—*Question 21*
16. The Incarnation—*Question 22*
17. Christ's Office of Prophet—*Questions 23 & 24*
18. Christ's Office of Priest—*Question 25*
19. Christ's Office of King—*Question 26*
20. The Humiliation of Christ—*Question 27*

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## VIDEO LECTURE SERIES

*by Rev. Jonathan Mattull*

21. Christ's Exaltation—*Question 28*
22. Redemption Applied—*Questions 29 & 30*
23. Effectual Calling—*Questions 31 & 32*
24. Justification—*Question 33*
25. Adoption—*Question 34*
26. Sanctification—*Question 35*
27. Blessings of Salvation in this Life—*Question 36*
28. Blessings of Salvation at Death—*Question 37*
29. Blessings of Salvation at the Resurrection—*Question 38*
30. The Duty Required of Man—*Questions 39–42*
31. The Ten Commandments: A Preface of Grace—*Questions 43 & 44*
32. The Ten Commandments: Love for God—*Questions 45–48*
33. The Ten Commandments: Love for God's Worship—*Question 49–52*
34. The Ten Commandments: Love for God's Name—*Questions 53–56*
35. The Ten Commandments: A Day for Holy Love—*Questions 57–59*
36. The Ten Commandments: Love for God's Day—*Questions 60–62*
37. The Ten Commandments: Love within Our Relationships—*Questions 63–66*
38. The Ten Commandments: Love for Life—*Questions 67–69*
39. The Ten Commandments: Love for Purity—*Questions 70–72*
40. The Ten Commandments: Love for the Lord's Allotment—*Questions 73–75*

# *The Shorter CATECHISM*

## VIDEO LECTURE SERIES

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41. The Ten Commandments - Love for Truth—*Questions 76 thru 78*
42. The Ten Commandments - Love from Within—*Questions 79 thru 81*
43. Understanding Our Sin—*Questions 82 thru 84*
44. Escaping God's Wrath and Curse: Saving Faith—*Questions 85 and 86*
45. Escaping God's Wrath and Curse: Repentance unto Life—*Question 87*
46. Escaping God's Wrath and Curse: Means of Grace—*Question 88*
47. Means of Grace: The Word of God—*Questions 89 and 90*
48. Means of Grace: The Sacraments—*Questions 91 thru 93*
49. Means of Grace: Christian Baptism—*Questions 94 and 95*
50. Means of Grace: The Lord's Supper—*Question 96*
51. Means of Grace: Receiving the Lord's Supper—*Question 97*
52. Means of Grace: Prayer—*Questions 98 and 99*
53. The Lord's Prayer: The Preface—*Question 100*
54. The Lord's Prayer: The First Petition—*Question 101*
55. The Lord's Prayer: The Second Petition—*Question 102*
56. The Lord's Prayer: The Third Petition—*Question 103*
57. The Lord's Prayer: The Fourth Petition—*Question 104*
58. The Lord's Prayer: The Fifth Petition—*Question 105*
59. The Lord's Prayer: The Sixth Petition—*Question 106*
60. The Lord's Prayer: The Conclusion—*Question 107*

# *The Shorter CATECHISM*

## VIDEO LECTURE SERIES

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## YOUTH STUDY GUIDE

for Lecture #51

Means of Grace:

Receiving the Lord's Supper

### Memorization

**Question 97:** *What is required to the worthy receiving of the Lord's supper?*

**Answer:** *It is required of them that would worthily partake of the Lord's supper, that they examine themselves of their knowledge to discern the Lord's body, of their faith to feed upon him, of their repentance, love, and new obedience; les, coming unworthily, they eat and drink judgment to themselves.*

### Lecture Structure

1. Introduction.
2. An important distinction.
3. A required examination.
4. A real danger.
5. Applications.

### Basic Questions for Question and Answer 97

1. What does the word, "partake" mean as it is used in this lecture?

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2. What does the word "worthily" mean as it is used in this lecture?

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3. What does the word "unworthily" mean as it is used in this lecture?

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4. Paraphrase the answer to this question or put it into your own words.

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**Bible Study Questions**

*(Look up the Scripture texts, read them, then write them out in the space provided.)*

1. *There is a right way and a wrong way to come to the Lord's Supper.*

1 Corinthians 11:26–32 \_\_\_\_\_

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2. *He who wants to receive the Lord's Supper needs to examine himself.*

John 6:53–56 \_\_\_\_\_

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Zechariah 12:10 \_\_\_\_\_

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1 John 4:19 \_\_\_\_\_

Romans 6:4 \_\_\_\_\_

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Ephesians 3:17 \_\_\_\_\_

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*Lecture Checkup*

1. What is the right way of coming to the Lord's Supper?

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2. What is the wrong way of coming to the Lord's Supper?

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3. Why is self-examination necessary before coming to the Lord's Supper?

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4. Explain what it means "to discern the Lord's body"? What is the right way to discern the Lord's body?

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5. What does examining our faith include?

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6. What does it mean to examine our repentance?

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7. What does examining our love refer to?

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8. What does it mean to examine ourself for new obedience?

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9. What are the three ways that people might come unworthily to the Lord's Supper?

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10. What is the right way to respond to this warning?

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**Practical Application**

1. What if a person is a true believer, but he is not yet able to explain or understand the Lord's Supper, or if he is unable to examine himself spiritually. What should he do?

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2. What if a person is a believer, and he does understand the Lord's Supper, and he is able to examine himself, but he finds that he has fallen into sin. What should he do?

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