

THE WESTMINSTER STANDARDS

Shorter
CATECHISM

VIDEO LECTURE SERIES

by Rev. Jonathan Mattull

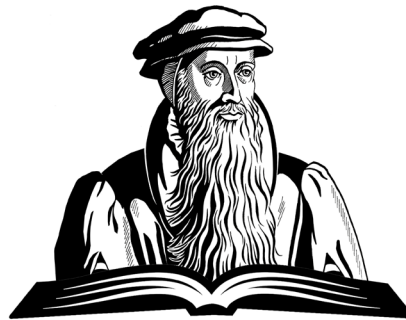
Youth Study Guide

for Lecture #35

The Ten Commandments:

A Day for Holy Love

Catechism Questions 57, 58, & 59)



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3. What God Is—*Question 4*
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21. Christ's Exaltation—*Question 28*
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35. The Ten Commandments: A Day for Holy Love—*Questions 57–59*
36. The Ten Commandments: Love for God's Day—*Questions 60–62*
37. The Ten Commandments: Love within Our Relationships—*Questions 63–66*
38. The Ten Commandments: Love for Life—*Questions 67–69*
39. The Ten Commandments: Love for Purity—*Questions 70–72*
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41. The Ten Commandments - Love for the Truth—*Questions 76 thru 78*
42. The Ten Commandments - Love from Within—*Questions 79 thru 81*
43. Understanding Our Sin—*Questions 82 thru 84*
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YOUTH STUDY GUIDE

for Lecture #35

The Ten Commandments:

A Day for Holy Love

Memorization

Question 57: *Which is the fourth commandment?*

Answer: *The fourth commandment is, “Remember the sabbath day, to keep it holy. Six days shalt thou labour; and do all thy work: but the seventh day is the sabbath of the LORD thy God: in it thou shalt not do any work, thou, nor thy son, nor thy daughter, thy manservant, nor thy maidservant, nor thy cattle, nor thy stranger that is within thy gates: for in six days the LORD made heaven and earth, the sea, and all that in them is, and rested the seventh day: wherefore the LORD blessed the sabbath day, and hallowed it.”*

Question 58: *What is required in the fourth commandment?*

Answer: *The fourth commandment requireth the keeping holy to God such set times as he hath appointed in his word; expressly one whole day in seven, to be a holy sabbath to himself.*

Question 59: *Which day of the seven hath God appointed to be the weekly sabbath?*

Answer: *From the beginning of the world to the resurrection of Christ, God appointed the seventh day of the week to be the weekly sabbath; and the first day of the week ever since, to continue to the end of the world, which is the Christian sabbath.*

Lecture Structure

1. Introduction.
2. An appointed time for holy love.
3. A day appointed for holy love.
4. The day appointed for holy love.
5. Conclusion.

Basic Questions for Question and Answers 57, 58, & 59

1. Summarize the main teachings from the answers to Questions 57 through 59.

Bible Study Questions

(Look up the Scripture texts, read them, then write them out in the space provided.)

1. *God set apart the sabbath day for all mankind.*

Mark 2:27 _____

2. *God has appointed the first day of the week for his new covenant church to observe as the sabbath.*

John 20:1, 19 _____

Acts 20:7 _____

1 Corinthians 16:2 _____

Revelation 1:10 _____

Lecture Checkup

1. How does setting aside one day a week for worship help our relationship with God? What might that require from us? What are some of the main hindrances to keeping the day holy?

2. Who can determine which day is the holy sabbath? Do we have the liberty to look at our calendars and decide which day we want to set aside to be the Lord's Day?

3. Where did the seven-day week come from? When did God first appoint the day holy? Why is the Lord's Day special and different from the other six days of the week?

4. Why did God set apart a sabbath day, one day in seven, to worship him? Who did he do it for?

5. How common is the breaking of this commandment today? How does this sin rob from man?

6. Does God require us to keep the whole Lord's Day holy? Or did he only set apart a part of that day to be holy? How should this affect the things we do on the Lord's Day?

7. Which day of the seven did God set apart in the Old Testament from the beginning of the world, and which day of the seven did he set apart in the New Testament? How do we know that from the Bible?

8. What great world-changing event happened on the first day of the week, when the Lord Jesus Christ rested from his humiliation and from his work of redeeming his people?

9. How do the New Testament Scriptures prove to us that the sabbath day was changed from the seventh day to the first day of the week after the resurrection of the Lord Jesus Christ?

10. Why is it called “the Lord’s Day”? Where does that name come from? What does it mean?

Practical Application

1. Do you think of the Lord’s Day as a great privilege? Or is it a heaven burden to you? Do you look forward to each Lord’s Day and delight in it? Do you still think that it is only a list of things you can do and things you can’t do? Do you enjoy the Lord’s Day?

2. The Puritan writers called the Lord’s Day “a spiritual marketing day,” like a day to be looking for spiritual things for yourself. How has this lecture affected your attitude towards the keeping of the Lord’s Day holy? Please write your thoughts about the spiritual importance of the day.
