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VIDEO LECTURE SERIES

by Rev. Jonathan Mattull

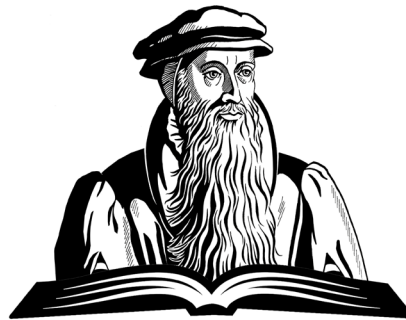
Adult Study Guide

for Lecture #50

Means of Grace:

The Lord's Supper

Catechism Question 96



The John Knox Institute
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Entrusting our Reformed Inheritance to the Church Worldwide

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ADULT STUDY GUIDE

for Lecture #50

Means of Grace: The Lord's Supper

Memorization

Question 96: *What is the Lord's Supper?*

Answer: *The Lord's supper is a sacrament, wherein, by giving and receiving bread and wine, according to Christ's appointment, his death is showed forth; and the worthy receivers are, not after a corporal and carnal manner, but by faith, made partakers of his body and blood, with all his benefits, to their spiritual nourishment, and growth in grace.*

Lecture Structure

1. Introduction.
2. An instituted sign.
3. A spiritual message.
4. A spiritual meal.
5. Applications.

Literal Study

1. Define these words as they are used in this lecture:

a) Corporal _____

b) Carnal _____

2. Paraphrase the answer to this question or put it into your own words.

Lecture Checkup

1. Who instituted the Lord's Supper as a sacrament in the New Testament church? What is significant about that?

2. What is "common bread" pertaining to what is told us in Scripture about the Lord's Supper? Does it have to be unleavened bread? Why?

3. What is common wine, as used in Scripture for the Lord's Supper? Why did Christ appoint wine to be used?

4. Should we worship the bread and the wine in the Lord's Supper? How should they be given and how should they be received?

5. What is the main message of the Lord's Supper? How do you prove that from the Bible?

6. What are the five actions accompanying the bread at the Lord's Supper? What do they mean?

7. What are the four steps accompanying the cup of wine at the Lord's Supper? What do they mean?

8. Explain the meaning of the phrase "not after a corporal and carnal manner."

9. How is it that believers enjoy the benefits of Christ in salvation while they eat the bread and drink the cup given with faith and received in faith at the Lord's Supper?

10. What are the blessings given by Christ to believers through the Lord's Supper?

Further Studies

1. May and should all that receive the Lord's Supper to receive both elements, the bread and the wine too?

2. Is the bread in this sacrament turned into the actual body of Christ (which is what the Roman Catholic Church teaches), because our Savior tells his disciples expressly, "This is my body"? How do you prove that?

3. How do believers receive spiritual nourishment and growth in grace in and by this sacrament?

Practical Application

1. Meditate on the question of how the Lord's Supper shows Christ's care for his people.

2. What is necessary for you if you want to come to the Lord's Table and partake of the sacrament?

Project Ideas

Make a chart to show the differing views of Christ's presence in the bread and the wine that served in the Lord's Supper. Compare the views taught by the Roman Catholic Church, Martin Luther, Huldrych Zwingli, and John Calvin. Which of these views is the biblical view?