

THE WESTMINSTER STANDARDS

Shorter
CATECHISM

VIDEO LECTURE SERIES

by Rev. Jonathan Mattull

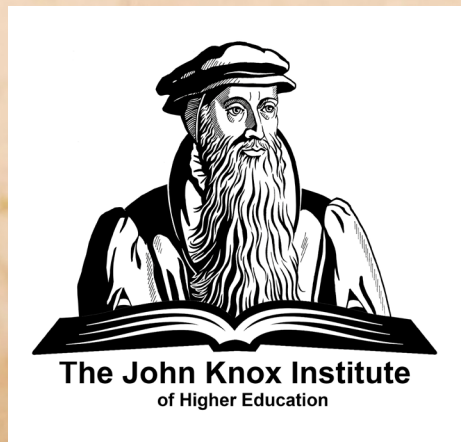
Adult Study Guide

for Lecture #48

Means of Grace:

The Sacraments

Catechism Questions 91, 92, & 93



John Knox Institute of Higher Education

Entrusting our Reformed Inheritance to the Church Worldwide

© 2023 by John Knox Institute of Higher Education

All rights reserved. No part of this publication may be reproduced in any form or by any means for profit, except in brief quotations for the purposes of review, comment, or scholarship, without written permission from the publisher, John Knox Institute, P.O. Box 19398, Kalamazoo, MI 49019-19398, USA.

Unless otherwise indicated, all Scripture quotations are from the Authorized King James Version.

Visit our website: www.johnknoxinstitute.org

Rev. Jonathan Mattull is minister of the gospel at Sovereign Grace Presbyterian Church, in St. Louis, Missouri, a congregation of the Free Church of Scotland (Continuing), Presbytery of the United States of America.

stlpresbyterian.org

The Shorter CATECHISM

VIDEO LECTURE SERIES

by Rev. Jonathan Mattull

1. The Chief End of Man—*Question 1*
2. God's Word and Its Teaching—*Questions 2 & 3*
3. What God Is—*Question 4*
4. One Triune God—*Questions 5 & 6*
5. The Decrees of God—*Questions 7 & 8*
6. God's Work of Creation—*Question 9*
7. God's Creation of Man—*Question 10*
8. God's Works of Providence—*Question 11*
9. God's Special Providence Towards Man—*Question 12*
10. The Fall of Man—*Questions 13 & 15*
11. What Sin Is—*Question 14*
12. The Fall's Effect on All Mankind—*Questions 16 & 17*
13. The Sinfulness & Misery of Man's Fallen State—*Questions 18 & 19*
14. The Covenant of Grace—*Question 20*
15. Jesus Christ, the Redeemer of God's Elect—*Question 21*
16. The Incarnation—*Question 22*
17. Christ's Office of Prophet—*Questions 23 & 24*
18. Christ's Office of Priest—*Question 25*
19. Christ's Office of King—*Question 26*
20. The Humiliation of Christ—*Question 27*

The Shorter CATECHISM

VIDEO LECTURE SERIES

by Rev. Jonathan Mattull

21. Christ's Exaltation—*Question 28*
22. Redemption Applied—*Questions 29 & 30*
23. Effectual Calling—*Questions 31 & 32*
24. Justification—*Question 33*
25. Adoption—*Question 34*
26. Sanctification—*Question 35*
27. Blessings of Salvation in this Life—*Question 36*
28. Blessings of Salvation at Death—*Question 37*
29. Blessings of Salvation at the Resurrection—*Question 38*
30. The Duty Required of Man—*Questions 39–42*
31. The Ten Commandments: A Preface of Grace—*Questions 43 & 44*
32. The Ten Commandments: Love for God—*Questions 45–48*
33. The Ten Commandments: Love for God's Worship—*Question 49–52*
34. The Ten Commandments: Love for God's Name—*Questions 53–56*
35. The Ten Commandments: A Day for Holy Love—*Questions 57–59*
36. The Ten Commandments: Love for God's Day—*Questions 60–62*
37. The Ten Commandments: Love within Our Relationships—*Questions 63–66*
38. The Ten Commandments: Love for Life—*Questions 67–69*
39. The Ten Commandments: Love for Purity—*Questions 70–72*
40. The Ten Commandments: Love for the Lord's Allotment—*Questions 73–75*

The Shorter CATECHISM

VIDEO LECTURE SERIES

by Rev. Jonathan Mattull

41. The Ten Commandments - Love for the Truth—*Questions 76 thru 78*
42. The Ten Commandments - Love from Within—*Questions 79 thru 81*
43. Understanding Our Sin—*Questions 82 thru 84*
44. Escaping God's Wrath and Curse: Saving Faith—*Questions 85 and 86*
45. Escaping God's Wrath and Curse: Repentance unto Life—*Question 87*
46. Escaping God's Wrath and Curse: Means of Grace—*Question 88*
47. Means of Grace: The Word of God—*Questions 89 and 90*
48. Means of Grace: The Sacraments—*Questions 91 thru 93*
49. Means of Grace: Christian Baptism—*Questions 94 and 95*
50. Means of Grace: The Lord's Supper—*Question 96*
51. Means of Grace: Receiving the Lord's Supper—*Question 97*
52. Means of Grace: Prayer—*Questions 98 and 99*
53. The Lord's Prayer: The Preface—*Question 100*
54. The Lord's Prayer: The First Petition—*Question 101*
55. The Lord's Prayer: The Second Petition—*Question 102*
56. The Lord's Prayer: The Third Petition—*Question 103*
57. The Lord's Prayer: The Fourth Petition—*Question 104*
58. The Lord's Prayer: The Fifth Petition—*Question 105*
59. The Lord's Prayer: The Sixth Petition—*Question 106*
60. The Lord's Prayer: The Conclusion—*Question 107*

The Shorter CATECHISM

VIDEO LECTURE SERIES

by Rev. Jonathan Mattull

ADULT STUDY GUIDE

for Lecture #48

Means of Grace: The Sacraments

Memorization

Question 91: *How do the sacraments become effectual means of salvation?*

Answer: *The sacraments become effectual means of salvation, not from any virtue in them, or in him that doth administer them; but only by the blessing of Christ, and the working of his Spirit in them that by faith receive them.*

Question 92: *What is a sacrament?*

Answer: *A sacrament is an holy ordinance instituted by Christ; wherein, by sensible signs, Christ, and the benefits of the new covenant, are represented, sealed, and applied to believers.*

Question 93: *What is baptism?*

Answer: *Baptism is a sacrament, wherein the washing with water in the name of the Father, and of the Son, and of the Holy ghost, doth signify and seal our ingrafting into grace, and our engagement to be the Lord's.*

Lecture Structure

1. Introduction.
2. The meaning of the sacraments.
3. The grace brought by the sacraments.
4. Conclusion

Literal Study

1. Define these words as they are used in this lecture:

a) Sacrament _____

b) Virtue _____

c) Sensible signs _____

c) Seal _____

2. Paraphrase the answers to these questions or put it into your own words.

Lecture Checkup

1. What does it signify to us that the sacraments are ordinances directly instituted by Christ?

2. How many sacraments are there in the new covenant? What re the sensible signs used in each sacrament?

3. How does the Bible prove that these signs point us to Christ and his saving work?

4. What does it mean that these sacraments are also seals? What are they sealing?

5. Speaking of the blessings sealed by the sacraments, Rev. Mattull says “these blessings are enjoyed by faith.” What does this mean? How does the Bible prove this?

6. What are the two sacraments of the New Testament? What is the common purpose of the sacraments in both the Old Testament and New Testament?

7. What are the *four ways* that God uses the sacraments to give blessings to his people?

8. What are the *two ways* which God *does not* use the sacraments to give blessings to his people?

9. In what ways do the sacraments show us how caring Christ is for his people?

10. How should we approach the sacraments? What should our attitude be?

Further Studies

1. What are the sensible signs in the New Testament sacraments?

2. What is the use of a sacrament in reference to Christ and the benefits of the new covenant?

3. To whom does a sacrament represent, seal, and apply Christ and the benefits of the new covenant?

Practical Application

1. Have you been baptized? Meditate on the spiritual significance of baptism from what you've heard in this lecture. If so, have you then trusted in Christ who has both promised you in his Word, and given you this outward sign to seal his promise?

2. What is the verbal promise, and what is the displayed promise? Why did God give them to us?

Project Ideas

What is the doctrine of the Roman Catholic Church concerning the number of the sacraments of the New Testament? What are they? How should we view them?
