

THE WESTMINSTER STANDARDS

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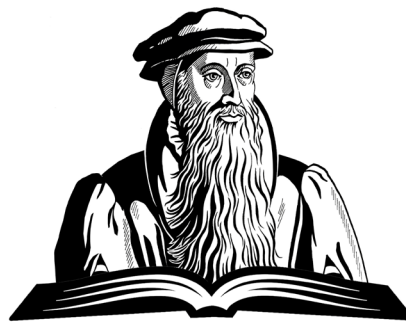
VIDEO LECTURE SERIES

by Rev. Jonathan Mattull

Adult Study Guide

for Lecture #45

**Escaping God's Wrath and
Curse: Repentance unto Life**
Catechism Question 87



The John Knox Institute
of Higher Education

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Entrusting our Reformed Inheritance to the Church Worldwide

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Unless otherwise indicated, all Scripture quotations are from the Authorized King James Version.

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1. The Chief End of Man—*Question 1*
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3. What God Is—*Question 4*
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5. The Decrees of God—*Questions 7 & 8*
6. God's Work of Creation—*Question 9*
7. God's Creation of Man—*Question 10*
8. God's Works of Providence—*Question 11*
9. God's Special Providence Towards Man—*Question 12*
10. The Fall of Man—*Questions 13 & 15*
11. What Sin Is—*Question 14*
12. The Fall's Effect on All Mankind—*Questions 16 & 17*
13. The Sinfulness & Misery of Man's Fallen State—*Questions 18 & 19*
14. The Covenant of Grace—*Question 20*
15. Jesus Christ, the Redeemer of God's Elect—*Question 21*
16. The Incarnation—*Question 22*
17. Christ's Office of Prophet—*Questions 23 & 24*
18. Christ's Office of Priest—*Question 25*
19. Christ's Office of King—*Question 26*
20. The Humiliation of Christ—*Question 27*

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21. Christ's Exaltation—*Question 28*
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24. Justification—*Question 33*
25. Adoption—*Question 34*
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27. Blessings of Salvation in this Life—*Question 36*
28. Blessings of Salvation at Death—*Question 37*
29. Blessings of Salvation at the Resurrection—*Question 38*
30. The Duty Required of Man—*Questions 39–42*
31. The Ten Commandments: A Preface of Grace—*Questions 43 & 44*
32. The Ten Commandments: Love for God—*Questions 45–48*
33. The Ten Commandments: Love for God's Worship—*Question 49–52*
34. The Ten Commandments: Love for God's Name—*Questions 53–56*
35. The Ten Commandments: A Day for Holy Love—*Questions 57–59*
36. The Ten Commandments: Love for God's Day—*Questions 60–62*
37. The Ten Commandments: Love within Our Relationships—*Questions 63–66*
38. The Ten Commandments: Love for Life—*Questions 67–69*
39. The Ten Commandments: Love for Purity—*Questions 70–72*
40. The Ten Commandments: Love for the Lord's Allotment—*Questions 73–75*

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41. The Ten Commandments - Love for the Truth—*Questions 76 thru 78*
42. The Ten Commandments - Love from Within—*Questions 79 thru 81*
43. Understanding Our Sin—*Questions 82 thru 84*
44. Escaping God's Wrath and Curse: Saving Faith—*Questions 85 and 86*
45. Escaping God's Wrath and Curse: Repentance unto Life—*Question 87*
46. Escaping God's Wrath and Curse: Means of Grace—*Question 88*
47. Means of Grace: The Word of God—*Questions 89 and 90*
48. Means of Grace: The Sacraments—*Questions 91 thru 93*
49. Means of Grace: Christian Baptism—*Questions 94 and 95*
50. Means of Grace: The Lord's Supper—*Question 96*
51. Means of Grace: Receiving the Lord's Supper—*Question 97*
52. Means of Grace: Prayer—*Questions 98 and 99*
53. The Lord's Prayer: The Preface—*Question 100*
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60. The Lord's Prayer: The Conclusion—*Question 107*

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ADULT STUDY GUIDE

for Lecture #45

Escaping God's Wrath and Curse: Repentance unto Life

Memorization

Question 87: *What is repentance unto life?*

Answer: *Repentance unto life is a saving grace, whereby a sinner, out of a true sense of his sin, and apprehension of the mercy of God in Christ, doth, with grief and hatred of his sin, turn from it unto God, with full purpose of, and endeavour after, new obedience.*

Lecture Structure

1. Introduction.
2. The nature of true repentance.
3. The motives for true repentance.
4. The continuance of true repentance.
5. Conclusion.

Literal Study

1. Define the word, apprehension: _____

2. Summarize the answer to this question or put it into your own words.

Lecture Checkup

1. Are repentance unto life and saving faith the same thing? What is the relationship between them?

2. What is the main meaning of repentance?

3. What is true repentance? What does it turn from? What does it turn to? How do you see that in the Bible?

4. What is false repentance? What does it lead to? How do you know that from the example of Judas Iscariot?

5. What are the other two things we need to notice about true repentance?

6. What motives, two key understandings, does God give to a sinner to bring him to repentance?

7. What does the Catechism mean by “apprehension of the mercy of God in Christ”? How does this encourage the sinner to repent?

8. Is repentance something we only do once, when we come to saving faith? How often should a believer repent of their sins?

9. What does the expression, “new obedience” mean for the believer?

10. When the sinner is brought to saving faith, how will his life be changed? How do those changes come about? What will be the evidence of his having been converted?

Further Studies

1. What kinds of things are included in true grief for sin?

2. Have you truly repented? Have you turned to God? Have you turned from your sin and are you endeavoring after new obedience?

Practical Application

1. What is your greatest need regarding repentance? Do unconverted sinners have an excuse for not repenting? If the sinner sees his sin, and doesn't know how to repent, what can he do? Please explain your answer.

2. Have you truly repented and turned to God in faith and trust in Jesus Christ? Have you turned from you sin and are you endeavoring after new obedience? If so, you have much to praise God for.

Project Ideas

Find two more examples of repentance from the Bible—one example for true repentance, and one for false repentance. Explain the differences, and give some practical instructions you've gleaned from this lecture.
