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VIDEO LECTURE SERIES

by Rev. Jonathan Mattull

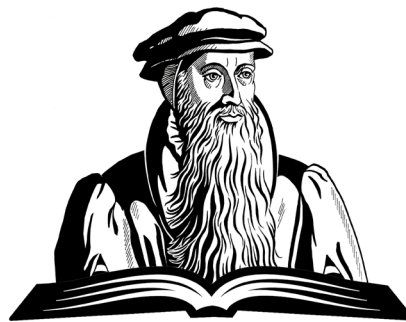
Adult Study Guide

for Lecture #36

The Ten Commandments:

Love for God's Day

Catechism Questions 60, 61, & 62



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Memorization

Question 60: *How is the sabbath to be sanctified?*

Answer: *The sabbath is to be sanctified by a holy resting all that day, even from such worldly employments and recreations as are lawful on other days; and spending the whole time in the publick and private exercises of God's worship, except to much as is to be taken up in the works of necessity and mercy.*

Question 61: *What is forbidden in the fourth commandment?*

Answer: *The fourth commandment forbiddeth the omission or careless performance of the duties required, and the profaning the day by idleness, or doing that which is in itself sinful, or by unnecessary thoughts, words, or works, about our worldly employments or recreations.*

Questions 62: *What are the reasons annexed to the fourth commandment?*

Answer: *The reasons annexed to the fourth commandment are, God's allowing us six days of the week for our own employments, his challenging a special propriety in the seventh, his own example, and his blessing the sabbath day.*

Lecture Structure

1. Introduction: how to keep the day holy.
2. Showing love to God in worship on this day.
3. Showing love to God in service on this day.
4. The good reasons for showing love to God on this day.
5. Applications.

Literal Study

1. What is the meaning of the phrase, “special propriety,” as used in this lecture?

2. Summarize the main teachings from the answers to Questions 60 through 62.

Lecture Checkup

1. What does the *Catechism* mean by the phrase, “a holy rest”? What should we rest from?

2. Is the sabbath day merely for religious diligence and religious activity? What is it really about?

3. In your own words, describe the four main things forbidden by the fourth commandment.

4. Why should we set aside our own thoughts? our own words? and our own works?

5. What things are necessary for us to do on the Lord's Day? Please name some things which we sometimes want to do, but not necessary on the Lord's Day?

6. What are works of mercy? Name some works that are lawful to do on the Lord's Day.

7. How should we care for others who are under our authority, in regard to keeping of the Lord's Day holy?

8. In your own words, what are the three reasons for keeping the sabbath day, which are annexed to the fourth commandment.

9. In those reasons for keeping the sabbath holy, what does it mean by "his special propriety"? What does it mean by "his own example"?

10. What does it mean that "the LORD blessed the sabbath day, and hallowed it"? How is the sabbath day a blessing to us?

Further Studies

1. May we do the works of our particular callings on the sabbath day, which cannot so seasonably and advantageously done on the other six days of the week?

2. May we lawfully enjoy personal recreation on the sabbath day, especially since the day is appointed to be a day of rest from our toiling labor during the week?

Practical Application

1. Can you think of particular practical things that you can do to prepare for the Lord's Day? How has this lecture inspired you to start planning ahead to keep the sabbath holy?

2. List the main things that you want to focus on in order to keep the sabbath holy. List some of the things you wish to avoid on that day. Think about how you might better keep the public and private exercises of God's worship, and yet performs works of mercy and necessity. Discuss all this with your family, and seek the Lord about this in prayer.

Project Ideas

Examine your usual use of the Lord's Day, then make a list of ways in which you might repent of not keeping the sabbath, and ways you might make better use of the day.