

THE WESTMINSTER STANDARDS

*Shorter*  
**CATECHISM**

VIDEO LECTURE SERIES

*by Rev. Jonathan Mattull*

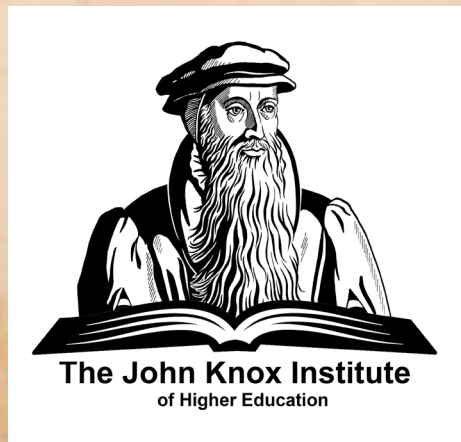
**Adult Study Guide**

for Lecture #35

**The Ten Commandments:**

**A Day for Holy Love**

*Catechism Questions 57, 58, & 59*



**John Knox Institute of Higher Education**

*Entrusting our Reformed Inheritance to the Church Worldwide*

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# *The Shorter CATECHISM*

## VIDEO LECTURE SERIES

*by Rev. Jonathan Mattull*

1. The Chief End of Man—*Question 1*
2. God's Word and Its Teaching—*Questions 2 & 3*
3. What God Is—*Question 4*
4. One Triune God—*Questions 5 & 6*
5. The Decrees of God—*Questions 7 & 8*
6. God's Work of Creation—*Question 9*
7. God's Creation of Man—*Question 10*
8. God's Works of Providence—*Question 11*
9. God's Special Providence Towards Man—*Question 12*
10. The Fall of Man—*Questions 13 & 15*
11. What Sin Is—*Question 14*
12. The Fall's Effect on All Mankind—*Questions 16 & 17*
13. The Sinfulness & Misery of Man's Fallen State—*Questions 18 & 19*
14. The Covenant of Grace—*Question 20*
15. Jesus Christ, the Redeemer of God's Elect—*Question 21*
16. The Incarnation—*Question 22*
17. Christ's Office of Prophet—*Questions 23 & 24*
18. Christ's Office of Priest—*Question 25*
19. Christ's Office of King—*Question 26*
20. The Humiliation of Christ—*Question 27*

# *The Shorter CATECHISM*

## VIDEO LECTURE SERIES

*by Rev. Jonathan Mattull*

21. Christ's Exaltation—*Question 28*
22. Redemption Applied—*Questions 29 & 30*
23. Effectual Calling—*Questions 31 & 32*
24. Justification—*Question 33*
25. Adoption—*Question 34*
26. Sanctification—*Question 35*
27. Blessings of Salvation in this Life—*Question 36*
28. Blessings of Salvation at Death—*Question 37*
29. Blessings of Salvation at the Resurrection—*Question 38*
30. The Duty Required of Man—*Questions 39–42*
31. The Ten Commandments: A Preface of Grace—*Questions 43 & 44*
32. The Ten Commandments: Love for God—*Questions 45–48*
33. The Ten Commandments: Love for God's Worship—*Question 49–52*
34. The Ten Commandments: Love for God's Name—*Questions 53–56*
35. The Ten Commandments: A Day for Holy Love—*Questions 57–59*
36. The Ten Commandments: Love for God's Day—*Questions 60–62*
37. The Ten Commandments: Love within Our Relationships—*Questions 63–66*
38. The Ten Commandments: Love for Life—*Questions 67–69*
39. The Ten Commandments: Love for Purity—*Questions 70–72*
40. The Ten Commandments: Love for the Lord's Allotment—*Questions 73–75*

# *The Shorter CATECHISM*

## VIDEO LECTURE SERIES

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41. The Ten Commandments - Love for the Truth—*Questions 76 thru 78*
42. The Ten Commandments - Love from Within—*Questions 79 thru 81*
43. Understanding Our Sin—*Questions 82 thru 84*
44. Escaping God's Wrath and Curse: Saving Faith—*Questions 85 and 86*
45. Escaping God's Wrath and Curse: Repentance unto Life—*Question 87*
46. Escaping God's Wrath and Curse: Means of Grace—*Question 88*
47. Means of Grace: The Word of God—*Questions 89 and 90*
48. Means of Grace: The Sacraments—*Questions 91 thru 93*
49. Means of Grace: Christian Baptism—*Questions 94 and 95*
50. Means of Grace: The Lord's Supper—*Question 96*
51. Means of Grace: Receiving the Lord's Supper—*Question 97*
52. Means of Grace: Prayer—*Questions 98 and 99*
53. The Lord's Prayer: The Preface—*Question 100*
54. The Lord's Prayer: The First Petition—*Question 101*
55. The Lord's Prayer: The Second Petition—*Question 102*
56. The Lord's Prayer: The Third Petition—*Question 103*
57. The Lord's Prayer: The Fourth Petition—*Question 104*
58. The Lord's Prayer: The Fifth Petition—*Question 105*
59. The Lord's Prayer: The Sixth Petition—*Question 106*
60. The Lord's Prayer: The Conclusion—*Question 107*

# *The Shorter CATECHISM*

## VIDEO LECTURE SERIES

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## ADULT STUDY GUIDE

for Lecture #35

**The Ten Commandments:**

**A Day for Holy Love**

### Memorization

**Question 57:** *Which is the fourth commandment?*

**Answer:** *The fourth commandment is, “Remember the sabbath day, to keep it holy. Six days shalt thou labour, and do all thy work: but the seventh day is the sabbath of the LORD thy God: in it thou shalt not do any work, thou, nor thy son, nor thy daughter, thy manservant, nor thy maidservant, nor thy cattle, nor thy stranger that is within thy gates: for in six days the LORD made heaven and earth, the sea, and all that in them is, and rested the seventh day: wherefore the LORD blessed the sabbath day, and hallowed it.”*

**Question 58:** *What is required in the fourth commandment?*

**Answer:** *The fourth commandment requireth the keeping holy to God such set times as he hath appointed in his word; expressly one whole day in seven, to be a holy sabbath to himself.*

**Question 59:** *Which day of the seven hath God appointed to be the weekly sabbath?*

**Answer:** *From the beginning of the world to the resurrection of Christ, God appointed the seventh day of the week to be the weekly sabbath; and the first day of the week ever since, to continue to the end of the world, which is the Christian sabbath.*

### Lecture Structure

1. Introduction.
2. An appointed time for holy love.
3. A day appointed for holy love.
4. The day appointed for holy love.
5. Conclusion.

*Literal Study*

1. Summarize the main teachings from the answers to Questions 57 through 59.

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*Lecture Checkup*

1. How does setting aside one day a week for worship help our relationship with God? What might that require from us? What are some of the main hindrances to keeping the day holy?

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2. Who can determine which day is the holy sabbath? Do we have the liberty to look at our calendars and decide which day we want to set aside to be the Lord's Day?

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3. Where did the seven-day week come from? When did God first appoint the day holy? Why is the Lord's Day special and different from the other six days of the week?

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4. Why did God set apart a sabbath day, one day in seven, to worship him? Who did he do it for?

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5. How common is the breaking of this commandment today? How does this sin rob from man?

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6. Does God require us to keep the whole Lord's Day holy? Or did he only set apart a part of that day to be holy? How should this affect the things we do on the Lord's Day?

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7. Which day of the seven did God set apart in the Old Testament from the beginning of the world, and which day of the seven did he set apart in the New Testament? How do we know that from the Bible?

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8. What great world-changing event happened on the first day of the week, when the Lord Jesus Christ rested from his humiliation and from his work of redeeming his people?

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9. How do the New Testament Scriptures prove to us that the sabbath day was changed from the seventh day to the first day of the week after the resurrection of the Lord Jesus Christ?

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10. Why is it called "the Lord's Day"? Where does that name come from? What does it mean?

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**Further Studies**

1. How does setting apart certain time devoted to worship help in our relationship with the Lord? What does that require of us? What are some of the main hindrances?

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2. How does it appear that the fourth commandment is moral and not ceremonial?

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**Practical Application**

1. Do you think of the Lord's Day as a great privilege? Or is it a heaven burden to you? Do you look forward to each Lord's Day and delight in it? Do you still think that it is only a list of things you can do and things you can't do? Do you enjoy the Lord's Day?

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2. The Puritan writers called the Lord's Day "a spiritual marketing day," like a day to be looking for spiritual things for yourself. How has this lecture affected your attitude towards the keeping of the Lord's Day holy? Please write your thoughts about the spiritual importance of the day.

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**Project Ideas**

Write a letter to someone you know who does not understand why we should set apart a whole day to worship God, and why the day was changed from Saturday to Sunday. Please explain to him or her using the truths you gleaned from this lecture. Also, try to find more Scripture passages to support this doctrine.