

**VIDEO LECTURE SERIES**

*by Rev. A. T. Vergunst*

*The Ten  
Commandments*

**STUDY OUTLINE**

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**Lecture #8**

*The First Commandment*

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**The John Knox Institute**  
of Higher Education

*Entrusting our Reformed Inheritance to the Church Worldwide*

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Unless otherwise indicated, all Scripture quotations are from the Authorized King James Version.

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# *The Ten Commandments*

*by Rev. A. T. Vergunst*  
**in 18 lectures**

1. Introduction
2. The God of the Law
3. Paradise and the Law
4. Jesus and the Law
5. The Law and the Sinner
6. The Law and the Saint
7. The Law at Mount Sinai
8. The First Commandment
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# The Ten Commandments

by Rev. A. T. Vergunst

STUDY OUTLINE

Lecture #8

## THE FIRST COMMANDMENT

**Lecture Title:**  
**Trust Me Only**

**Key Text:**  
“Thou shalt have no other gods before me.”—Exodus 20, verse 3

**Summary:**  
In this module, Pastor Vergunst introduces a general principle for each commandment. The first is a basic one, stating that the Ten Commandments are the foundational and fundamental law of God, for all people at all times. Though God gave the Ten Commandments specifically to the Israelites, it was intended indeed to be his will for all people. Then we learn what God’s basic intent is for the First Commandment, and also what God commands and forbids in this commandment.

**Structure:**

1. Introduction – a general principle.
2. What is God’s basic intent for the First Commandment?
  - a. Not to secure himself against competition.
  - b. Acknowledge God and trust him only.
3. What are the implications and the details of this First Commandment?
  - a. What does God command?
    - Know and trust him only.
    - Worship and glorify him as the only God.
    - Turn away from anyone or anything above God for help or guidance.
  - b. What does God forbid?
    - Atheism.
    - Pantheism.
    - Evolutionism.
    - Idolatry.
4. Conclusion.

**Review Questions:**

1. What is the first general principle given in this lecture?

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2. What is “base law,” and what is “case law”? What is their relationship? Give an example.

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3. Did God give the First Commandment simply to secure himself against competition? Why or why not.

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4. What is God’s will and real intent for us in this First Commandment?

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5. How does keeping the First Commandment give us our greatest freedom and happiness?

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6. What does God command in this First Commandment?

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7. What is the relationship between knowing God and trusting God? How did the Lord Jesus fulfill this commandment? Especially consider when he was tempted by Satan.

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8. What is it to fully worship God?

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9. Define the following terms: atheism, pantheism and evolutionism.

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10. What is idolatry? Why does God forbid it? Give specific examples of idolatry.

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***Further Application:***

1. As we begin learning about each commandment, we recommend you take the Westminster Catechism or the Heidelberg Catechism and read for yourself the questions and answers. At this time, meditate on the First Commandment.

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2. When we are looking for help or guidance, how does the First Commandment relate to our practical life?

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