

STUDY GUIDE  
for  
*The Lord's Prayer*

A VIDEO LECTURE SERIES

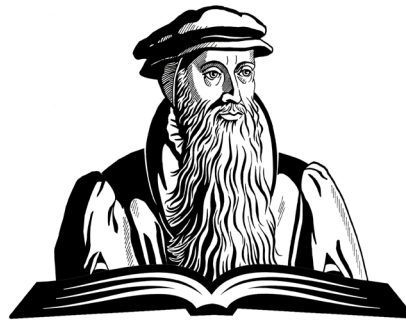
*by Rev. Gerald Procee*

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Lecture #14

*Blessings of Prayer*

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The John Knox Institute  
of Higher Education

**John Knox Institute of Higher Education**

*Entrusting our Reformed Inheritance to the Church Worldwide*

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Unless otherwise indicated, all Scripture quotations are from the Authorized King James Version.

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Rev. Gerald Procee (1953–2024) was a minister of the Gospel, who faithfully served the congregations of Opperdoes, Hamilton, Middelharnis, and Dundas.

STUDY GUIDE FOR

# *The Lord's Prayer*

14 Lectures

*by Rev. Gerald Procee*

1. Introduction: Biblical Foundation and Course Outline
2. Our Father Which Art in Heaven
3. Hallowed Be Thy Name
4. Thy Kingdom Come
5. Thy Will Be Done in Earth as it is in Heaven
6. Give us This Day Our Daily Bread
7. Forgive us Our Debts, As We Forgive Our Debtors
8. Lead Us Not into Temptation, but Deliver Us from Evil
9. For Thine is the Kingdom, the Power and the Glory
10. Amen
11. Practical Issues Regarding Prayer
12. Prayer Life of Pastors
13. Difficulties in Prayer
14. Blessings of Prayer

# STUDY GUIDE

for

## *The Lord's Prayer*

by Rev. Gerald Procee

Lecture #14

## Blessings of Prayer

### Scripture Text

*"If ye abide in me, and my words abide in you, ye shall ask what ye will, and it shall be done unto you."*—John 15:7

### Key Points

1. In the Bible, the men who were blessed were men of prayer.
2. There are rich promises connected to prayer.
3. God hears prayer—examples from Scripture.
4. Through prayer, God draws you close to himself.
  - a. You receive strength and stamina to fulfill your duties.
5. In prayer, you taste God's goodness, a sweetness that can be found nowhere else.
6. In prayer, God uncovers your deficiencies, personal weaknesses, and sins.
  - a. That's an opportunity to confess your sin to God.
7. Prayer gives security and safety to God's people from the allurements of the world.
8. Prayer undermines the work of Satan.
  - a. Through prayer, God gives grace and strength to resist the temptations of the devil.
  - b. Through prayer, we receive wisdom to discern the deceit of the devil.
9. Prayer weakens the flesh, the sinful desires and lusts.
10. Some admonitions and guidelines on how to pray.
  - a. Pray with boldness—many examples from Scripture.
  - b. Pray in faith, believing that God hears and answers prayer.
  - c. Pray always. Pray in all situations and circumstances.

d. Combine your prayers with meditations on the love of the Triune God.

1) The Son has become your Brother.

2) The Holy Spirit has become your Comforter.

3) The God has become your Father.

e. Study the Bible to speak the Word of God in your prayers.

f. Strive, wrestle, and pray for God's grace and the Holy Spirit's help.

11. One day, when we get to heaven, there will be no more prayers, only adoration of God.

**Review Questions**

1. Rev. Procee gave several comparisons of Abraham and Abimelech, Jacob and Laban, David and Saul. Who were the ones who were blessed? Why?

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2. "This poor man cried, and the LORD heard him, and saved him out of all his troubles." (Psalm 34:6) Why do we say that this can be written under the life of every child of God?

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3. How does the Lord encourage us in advance to pray? Do you remember the Bible passage?

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4. How is the Christian's prayer life affected by his knowledge of God and his knowledge about himself?

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5. How is prayer a means to receive strength to live in this world?

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6. Explain how it is that we can undermine the works of Satan through prayer.

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7. Why should we pray with boldness? Can you name some examples from the Bible of believers praying with boldness?

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8. What are some of the reasons for praying always, in all situations?

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9. What does it mean to pray in faith?

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10. What is the relationship between prayer and the Word of God? Prayer and meditation?

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**Personal Reflections**

1. Have you experienced blessings in your prayer life? What is your experience with praying with boldness, with faith, or praying the Word of God?

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2. You have probably learned much about prayer from this lecture, but this learning will be in vain if we do not pray. The only way to experience the blessings of prayer is to pray, asking for the blessing of the Holy Spirit. May God's Spirit of supplication be with you and make you a man or woman of prayer.

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