

# STUDY GUIDE for *The Lord's Prayer*

A VIDEO LECTURE SERIES

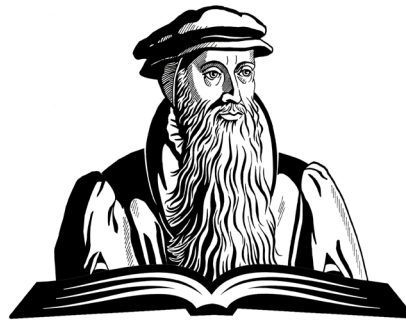
*by Rev. Gerald Procee*

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Lecture #1

*Introduction: Biblical Foundation  
and Course Outline*

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The John Knox Institute  
of Higher Education

**John Knox Institute of Higher Education**

*Entrusting our Reformed Inheritance to the Church Worldwide*

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Unless otherwise indicated, all Scripture quotations are from the Authorized King James Version.

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Rev. Gerald Procee (1953–2024) was a minister of the Gospel, who faithfully served the congregations of Opperdoes, Hamilton, Middelharnis, and Dundas.

STUDY GUIDE FOR

# *The Lord's Prayer*

14 Lectures

*by Rev. Gerald Procee*

1. Introduction: Biblical Foundation and Course Outline
2. Our Father Which Art in Heaven
3. Hallowed Be Thy Name
4. Thy Kingdom Come
5. Thy Will Be Done in Earth as it is in Heaven
6. Give us This Day Our Daily Bread
7. Forgive us Our Debts, As We Forgive Our Debtors
8. Lead Us Not into Temptation, but Deliver Us from Evil
9. For Thine is the Kingdom, the Power and the Glory
10. Amen
11. Practical Issues Regarding Prayer
12. Prayer Life of Pastors
13. Difficulties in Prayer
14. Blessings of Prayer

# STUDY GUIDE

for

## *The Lord's Prayer*

by Rev. Gerald Procee

Lecture #1

### Introduction: Biblical Foundation and Course Outline

#### Scripture Text

*“Ask, and it shall be given you; seek, and ye shall find; knock, and it shall be opened unto you: for every one that asketh receiveth; and he that seeketh findeth; and to him that knocketh it shall be opened.”—Matthew 7, verses 7 and 8*

#### Key Points

1. Biblical foundation of prayer.

- a. In prayer, you speak to God, and God invites you even to speak to him.
- b. In prayer, a weak human being may be connected to the great and glorious, Almighty God.
- c. Adoration is the highest form of prayer.
- d. A Christian prays—Martin Luther.
- e. In personal prayer, you start to see who you really are, and thus you humble yourself.
- f. Prayer is the heartbeat of the life of faith.
- g. The Lord gives us such rich encouragements to pray.
- h. It should be the aim of God's people to cultivate a life of prayer.
- i. The Lord Jesus has given us a model for prayer—The Lord's Prayer.

2. Course outline.

- a. Biblical foundation of prayer (Lecture 1).
- b. The Lord's Prayer (Lectures 2–10).
- c. Practical issues regarding prayer (Lecture 11).
- c. The prayer life of a pastor (Lecture 12).
- d. Difficulties in prayer (Lecture 13).
- e. The blessings of prayer (Lecture 14).

*Review Questions*

1. What is the essence of prayer? How does it influence your view of prayer?

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2. John 3:16, “For God so loved the world, that he gave his only begotten Son, that whosoever believeth in him should not perish, but have everlasting life.”  
What is meant in this passage by “everlasting life”?

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3. When the Holy Spirit leads us in a life of communion with the Lord, what are some of the lessons he teaches us?

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4. “Adore God for who God is”—what does that mean? How is adoration of God the highest form of prayer?

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5. How is it that the life of a Christian is characterized by prayer?

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6. Where do we see in the Bible that God's people are men and women of prayer?

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7. How does personal prayer cause a man to know himself and learn to rejoice in God?

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8. Rev. Procee states, "Nothing is so invigorating for personal spiritual wellbeing than a life of prayer." Do you agree with this statement? Why?

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9. What encouragements to pray are given to us by God? Should we make it our aim to pray? Should God's people live a life of prayer?

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10. What is the background of the Lord's Prayer? What is the structure of the Lord's Prayer?

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11. What other topics will be discussed in the next lectures? Can you think of some practical matters for prayer?

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**Personal Reflections**

1. Are you a Christian who prays? Do you always realize the importance of prayer? What are the main things that hinder you in prayer? What things encourage you to pray?

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2. As you are studying the blessings of prayer in this lecture series, we recommend that you always begin and end your study time with prayer. Ask the Lord's blessing on your heart through these lectures, and may you be encouraged to live a life of prayer.